

Cougar Cafe:

A Cooking/Dining Experience

Students of various ages and levels were involved.

It was a cross-curricular project hat was highly motivating for students and teachers.

Curriculum/State Standard

The project develops multi-cultural understanding. The kindergarten and 1st grade performance objectives in reading, writing, health, nutrition and social studies were met.

Overview

Each Friday our special education room became a functioning cafe where invited guests and students sampled foods from various countries.

Objectives

- The students will identify foods and place on the Pyramid.
- The students will choose, create and sample healthy ethnic foods and snacks.
- The students will practice cooperation, socialization and manners.
- The students will develop an understanding and appreciation for various cultures.

Materials

Small appliances, such as crockpots, electric frypan, mixers, Foreman grill, bread machine, cookware and utensils; dishes and multi-cultural cookbooks; ingredients for recipes

Readiness Activity

Using the world map, students choose a country for the week from several predetermined choices. Music and children's books which highlight that choice is introduced. Discussions and plans for dinner follows.

Continued on the back...

K-2

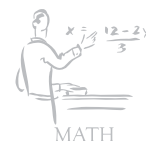
GRADE LEVEL



ARTS



LANGUAGE



MATH

Misc

MISCELLANEOUS



SCIENCE



HISTORY



SOCIAL STUDIES

1

MONTHS

\$750

TOTAL BUDGET

“Cougar Cafe” project continued...

Strategies/Activities

Students will respond to a literature selection each Monday. Each week a different country will be highlighted.

Students will participate in map skill activities for the country of the week.

Students will browse through cookbooks and utilize the Internet to select a recipe that correlates with the country of study. Brainstorm, create shopping lists, estimate costs, and shop for ingredients.

Students write invitations, design placemats, set table, prepare food, wait tables, dine, and clean restaurant after dinner.

Culminating Activity

Each Friday we prepare and enjoy an authentic dinner from a country we have studied. We invite students and adults from another class to join us.

Evaluation

Formal and informal tests on various concepts for each country.

Observation of student's responsibility to assigned tasks.

Student booklets compiled on each country.